

Sea Survival

AIM

This program is designed to provide anyone working or traveling on, or over water, with the knowledge and skills necessary to react appropriately and to care for themselves in a sea survival situation.

CONTENT

- Safety and survival equipment utilization and deployment
- Introduction to hypothermia mitigation and sea survival
- Coping with physiological and psychological stress
- Personal rescue techniques and use of life rafts and signaling devices
- Characteristics of personal floatation devices and aviation jackets
- Life raft deployment/entry and simulated emergency scenarios
- Introduction to individual and group sea surface formations
- Introduction to search and rescue resources and equipment

* This course is conducted in an open water environment

DURATION

8 Hours

PREREQUISITES

- 18 Years old
- A statement of health form (completed on first day of course)
- Trainees are expected to be in a good state of health and physically capable of taking part in all course activities. Those trainees in noncompliance will be refused and billed for the full course.

CERTIFICATION

All persons who successfully complete the program based on performance standards will receive a Survival Systems certificate of completion.



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